



Excellence Expected,  
No Excuses

## Dunklin R-V School District Food & Nutrition Services

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Herculaneum, MO 63048

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**Gail Jones, MM, RD, LD, SNS**

Director Food & Nutrition Services

School Food & Nutrition Services is pleased to offer breakfast, lunch and a variety of milk to all students daily during the school year. Meals include an entrée, fruit, vegetable and milk. Additional entrée choices are available daily such as, a fresh made salad, deli sandwich or snack pack that contains cheese and crackers, a vegetable and fruit. All meals are planned and analyzed by a registered dietitian and meet the federal guidelines for the National School Lunch and Breakfast Program.

Meal prices for the 2012-2013 school year are: breakfast at no cost for elementary school and \$1.15 for breakfast at middle and high school and lunch \$2.05 for elementary students and \$2.15 for middle and high school students.

Applications for the free and reduced price meal benefits are provided at the beginning of the school year or upon enrolling in the district. Applications must be completed each year. **Families who were approved for free and reduced priced meals the previous year need to complete a new application. The free and reduced meal benefit expires each school year.** Everyone is encouraged to complete a free and reduced price meal application.

**Students may charge three meals only. Students will not be permitted to charge snacks or a la carte items.** When a student reaches the maximum charge total, a meal consisting of a cheese sandwich, milk, a fruit and vegetable will be available. Overdraft notices are sent home with students. Please routinely check with your children, their school papers, book bags, etc. to be aware of information from the cafeteria. Feel free to call the school's food and nutrition head cook any time to check your child's account status.

Menus will be given to your child each month and are available on-line at:  
<http://www.dunklin.k12.mo.us>.

Meals can be pre-paid by depositing money into the student's computer account either at the school or on the internet by setting up an account using [www.cafeprepay.com](http://www.cafeprepay.com). If payment is made to include more than one student at the same school, please write the amount to be deposited in each child's account. Refunds cannot be given to students without written permission and instruction from parents.

We look forward to introducing your child to a variety of nutritious foods. We welcome you to join your child at breakfast or lunch anytime throughout the school year. If you have questions or comments concerning any of the above, please contact the Food & Nutrition Services Office at 636-479-5200, ext. 1015.

Sincerely,

Gail Jones, MM, RD, LD, SNS

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